

Nurtured Heart Approach Winter Quiz

Name: _____ Date: _____
Program: _____ Shift/Position: _____:

1. What is the overall goal of Nurtured Heart Approach?

2. Nurtured Heart Approach does not have any rules or consequences? True or False

3. When giving recognition statements, the purpose is to give evidence of their success; we do this by saying it _____ and in _____.

4. Is Nurtured Heart Approach part of the Workforce Development in Six Core Strategies? True or False

5. Using the Nurtured Heart Approach with children and youth, over time, will result in a decrease in negative _____ and an increase in _____.

6. In the Nurtured Heart Approach do children and youth need to earn things that help them cope, soothe or calm down when they are feeling escalated? True or False

7. Is the Nurtured Heart Approach successful if you don't use all three stands? True or False