

Overview

The Promising Path to Success initiative is funded by a 12 Million dollar 4 year grant from SAMHSA awarded to the Department of Children and Families (DCF) Children's System of Care. (CSOC) As part of this grant providers of out of home care funded by CSOC will receive the following at varying stages of the grant roll out:

- A leadership team from each out of home provider will be invited to attend a two day training entitled "Preventing Violence, Trauma, and the use of Seclusion and Restraint in Behavioral Settings. The Six Core Strategies Training Program to Prevent Violence, Trauma and the use of Seclusion and Restraint. All attendees will receive a binder containing all of the PowerPoint slides from the training. **(6 Core Strategies Binder)** Additionally each agency will receive 1 binder entitled "Creating Positive Cultures of Care Resource Guide" **(Resource Binder)** from the Massachusetts Department of Mental Health. Each Agency will receive a copy of the book "Residential Interventions for Children, Adolescents, and Families" **(Blue Book)** for each member of the leadership team
- A number of staff commensurate with agency size will be chosen from each provider to attend a 5.5 day Certification Training Intensive to become Certified Nurtured Heart Approach Trainers
- Each provided agency will be provided 2 or more coaches from Rutgers who will meet with a leadership team from the provider agency to create and implement a plan to:
 - Identify a vision for what their next steps are in utilizing the above training.
 - Train all staff so they become more trauma informed and so they can deliver a trauma informed treatment environment and services to the youth they serve
 - Train all staff in the use of the Nurtured Heart Approach so there is a common language throughout the CSOC for communicating in a way that is nurturing, strength based and individualized to create success, emotional regulation and positive self esteem
 - Train leadership to utilize the 6 Core Strategies to enhance the goal of reducing and eventually end the use of seclusion and restraint for youth in our system of care